

# Paediatric Council annual meeting

Tuesday 16<sup>th</sup> of June 2026, 11:00AM AEST via Zoom

## Agenda

### Zoom meeting details

Mimi Lu is inviting you to a scheduled Zoom meeting.

Topic: Paeds Council Meeting

Time: Jun 16, 2026 11:00 AM Canberra, Melbourne, Sydney

Join Zoom Meeting

<https://us02web.zoom.us/j/81531255017?pwd=gYQNrv7EGtMZlQAw8kAOaKpHJzARSX.1>

Meeting chat link

<https://us02web.zoom.us/launch/jc/81531255017>

Meeting ID: 815 3125 5017

Passcode: 389340

**Present:**

**Apologies:**

### 1. Educational opportunities for members in 2026/2027

#### 1.1 Sleep DownUnder 2026

Accepted symposiums submitted by Paediatrics

- The Future of Paediatric Sleep Medicine – where to next
- Paediatrics Year in review
- From Bench to bedside: advances in child sleep and development
- Paediatric Obstructive sleep apnoea: differences from adults and evolving multi-disciplinary treatment pathways
- Expanding OSA care in children: evidence-based alternatives/adjuncts to CPAP and adenotonsillectomy

#### 1.2 Short Courses

- Clinical Sleep Masterclass for Advanced Trainees

#### 1.3 Webinars

- Upcoming
  - 29<sup>th</sup> of July – The Past, present and future of orexin agonists
  - 19<sup>th</sup> of August – The role of Orofacial myofunctional health in sleep: kids and adults
  - 30<sup>th</sup> of September – Rethinking family sleep health from pregnancy to complex paediatric needs with empowerment
- Ongoing webinar proposal/s for consideration by the Education Committee – Mimi to update.

### 1.4 Learning management system

Advance Trainee Portal – Paediatric Tab: Mimi will update

Advance Trainee survey – Mimi will update

### 2. [Update from Education Committee chair](#) – Moya to update

### 3. [Council office bearers](#)

The following positions are open to all council members. Members who are interested in these roles can email their interest to [communications@sleep.org.au](mailto:communications@sleep.org.au) before the meeting date. More information can be viewed about each available role in the [council toolbox](#)

The Chair/co-Chair will stand for 2 years and consensus agreement of staggered appointments.

**Current co-chairs:** Mimi Lu, Adelaide Withers

	1 <sup>st</sup> year	2 <sup>nd</sup> Year	Comments
2026	Adelaide	Mimi	Aveena Anantharajah shadowing.  Call for nominations for shadow candidate for 2027 at the paed council meeting at SDU.
2027	Aveena	Adelaide	
2028		Aveena	

#### Conference Committee

Fiona Hudson  
(sleep  
psychologist)

Room for another  
paediatric clinician  
representative.

#### Councils sub-committee

#### Research committee paediatric representative:

Lauren Nisbett

#### Clinical Committee:

Ajay Kevat

Room for another  
representative

#### Education Committee

Moya  
Vandeleur

### 4. [Updates](#)

- IPSA 2028 Melb (update from Rosemary – after 11:30am)
- Update on Home Sleep Study.

### 5. [Website/Social Media](#) - Each Council needs someone to work on the Council pages of the ASA website, both members and public pages. There is no need for technical expertise on the web for this position, the person decides what information should be put onto the website, and send this to Mischka: [communications@sleep.org.au](mailto:communications@sleep.org.au)

6. Other General Business.

- Up to date email addresses

7. Next Paeds Council Meeting date: ? Thursday 12<sup>th</sup> of Nov Lunch